

Lucy Benson

My One Page Profile



June 2014

What's important to me

- My health & happiness both at work and at home
- My family
- My friends
- My holidays - it's a big world out there and I want to see and appreciate as much as I can!
- Enjoying the outdoor life - I love walking along a beach or in the country!
- Nights out - I love going out for meals with my partner, Nick, my daughter, Eva and friends

How to support me

- Be honest with me
- Appreciate me - tell me when I'm doing well and when I'm not
- Smile back at me when I smile at you
- Treat me as you would like to be treated
- Have fun with me! Life is far too short!
- Stop and have a chat with me I like to know what's going on in your life

What people like and admire about me

- My laugh & bubbly personality, good sense of humour,
- Good fun to be around, sociable,
- Good role model, Team player
- Calm, approachable, helpful
- Professional, knowledgeable, supportive, organised, I never forget! Well almost!
- My big, wild hair - you can't miss me!

