



# Janet Leighton

One Page Profile

## What Is Important To Me

- **My loved ones.**
- **Honesty, integrity and good manners.**
- **Relationships and engagement with people.**
- **Kindness. I see it as a strength.**
- **Fun, laughter and excitement.**
- **Striving to be the best I can be.**
- **Exercise as it gives me a feel-good factor**

## What People Like & Admire

- **Positivity and resilience:** I am a naturally positive person who bounces back quickly from tough situations.
- **Energetic and passionate:** I have lots of energy and passion for many things.
- **Approachable and a strong motivator:** Listening is important as is engaging with others.
- **Caring:** I care about people and there is nothing better than seeing people happy.
- **Helpful:** I have a natural tendency to help people wherever possible.

## How Best To Support Me When I Am At Work

- **Be polite:** Treat me with respect as manners are important to me
- **Keep things simple:** I find it more effective and easier for everybody to understand.
- **Have faith in me:** I will always give my best.
- **Fun and serious:** Understand that although I have lots of fun. I can be straight talking and serious.
- **Tea:** I will always appreciate a weak and milky tea.

## How I Implement FD Values At Work

- **People:** It's all about the people. We are all unique and special.
- **Encouragement:** Encourage others to believe in themselves.
- **Say thank you:** Thank others for their hard work.
- **Strengths:** Trust one another's strengths and work together as a team to achieve the amazing.
- **Celebration:** Celebrate success no matter how big or small.